COVID-19 Basic Needs Resource List

- **Pandemic Electronic Benefit Transfer (P-EBT) Program** - Over the next 6 weeks, children who qualified for free or reduced school meals will begin receiving a benefit of $5.70 per day for 66 days. Families will receive a total of $376 per eligible student. If your family is currently receiving SNAP benefits, the P-EBT benefits will be added to your EBT card in the next two weeks. If your family is not receiving SNAP, you will receive a P-EBT card in the mail in the next 4 to 6 weeks. If you are the parent or guardian of multiple eligible students living in the same household, you may receive one P-EBT card with benefits for all the eligible students. Visit [https://www.dss.virginia.gov/benefit/pebt.cgi](https://www.dss.virginia.gov/benefit/pebt.cgi) or call (703) 777-0420 for more information.

- **Pandemic Unemployment Assistance (PUA) and Unemployment Insurance (UI) provided for under the CARES Act** - The CARES Act includes a provision of temporary benefits for individuals who are not eligible for regular/traditional unemployment insurance. These individuals may include those who are self-employed, independent contractors, gig economy workers, clergy and those working for religious organizations as well as others who may not be covered by the regular/traditional UI program. The first step was to apply for unemployment insurance (UI) by visiting [www.vec.virginia.gov](http://www.vec.virginia.gov) or [www.vawc.virginia.gov](http://www.vawc.virginia.gov) or calling (866) 832-2363. You received (or will receive) a Monetary Determination from the Virginia Employment Commission that indicates that you do not qualify for unemployment benefits (UI). The next step is to file a Pandemic Unemployment Assistance Application. The application is online at [www.vec.virginia.gov/html/pua.html](http://www.vec.virginia.gov/html/pua.html)

Hello Neighbors!
In light of the Governor’s Executive Order 62, I will be in my office at the Llewellyn Village Community Room from 10 am to 4 pm only on Monday, Wednesday, and Fridays. Look for the sign on the outside of the building by the window where we can meet. *Please respect social distancing and only one household by the window at a time. Please call or email in advance to schedule for assistance via “window services.”

**WEAR A MASK!**
- Cover your mouth and nose with a cloth face cover when around others.
- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.

Contact:
Tami Erickson
Resident Programs Coordinator
300 Windy Hill Road,
Middleburg, VA 20117
540-687-8679; terickson@clrserv.org
We need your help!
We have an outstanding remote contract position for a Contact Tracer to support research and tracking efforts of COVID-19. Due to the pandemic, we are assisting the state of Virginia and CDC on their efforts to trace the spread of the virus.

Job Responsibilities:
• Call contacts of newly-diagnosed patients
• Communicate with contacts in a professional and empathetic manner
• Collect and record information on symptoms into the CRM
• Provide contacts with approved information on state/local quarantine procedures, and, if appropriate, refer them to testing according to the protocol (and/or to a COVID-19 Care Resource Coordinator for social resources.)
• Contact Tracers will follow the script to inform contacts about the importance of quarantine, and what to do if symptoms develop. They are not permitted to deviate from the script or provide information that is not included in the script.
• Contact tracers will be required to use their own telephone, computer, and electronic equipment and internet access.
• Maintain daily contact with the supervisor

Qualifications:
• Ability to exhibit a professional, positive attitude and work ethic
• Excellent interpersonal skills; ability to interact professionally with culturally diverse individuals during a time of crisis and distress
• Ability to show empathy to distressed individuals
• College degree or equivalent required
• Excellent organizational and communication skills
• Second or multiple languages a plus (especially Spanish, Portuguese, French, Haitian-Creole, Mandarin, Cantonese, Bengali)
• Critical thinking and sound judgment required
• Ability to handle confidential information with discretion and professionalism

If you are interested in pursuing this role, please contact Carolina Prado – 657-250-1906 or email resume/contact information to Carolina.prado@adeconca.com

Recipe Corner—Easy Pasta Skillet
As some ingredients can be hard to find at our local grocery store right now, check out this recipe with basic ingredients that are easy to swap!

Ingredients:
1 pound cooked ground meat (sub diced chicken, sausage or other)
1 jar (24 to 26 ounces) spaghetti sauce
2 cups water
3 cups uncooked pasta—penne, elbow mac or other
1 package (8 ounces) shredded mozzarella cheese (2 cups), divided
2 tablespoons grated Parmesan cheese (Optional)
1 tsp Italian Seasoning (Optional)

Directions:
- Stir Spaghetti Sauce, water & seasoning in pan with cooked meat
- Bring to boil, add pasta, mix well. Reduce to low heat, cover and simmer for 20 minutes until pasta is tender, stir occasionally
- Stir in 1 cup mozzarella cheese & parmesan cheese
- Sprinkle with remaining 1 cup mozzarella. Cover, let stand 5 min.
- ENJOY!!!